



Annwyl Riant / Dear Parent,

Bydd dwy ymarferwr o wasanaeth lles SHINE yn gweithio yn yr ysgol yn ystod tymor yr hydref. Bydd yr ymarferwyr yma yn cyd-weithio gyda rhai plant i'w cefnogi gyda eu anghenion lles ac emosiynol. Byddwn yn cysylltu gyda rhieni y plant yr ydym ni yn meddwl y buasai'n elwa o wasanaeth SHINE.

Bydd yr ymarferwyr hefyd yn cynnig sesiynau galw mewn i'r rhieni sydd angen mwy o wybodaeth a chynghor ar sut i gefnogi eu plentyn gydag unrhyw bryderon lles neu emosiynol (dyddiadau i ddilyn).

Os oes ganddo chi unrhyw wrthwynebiadau a dydych chi ddim eisiau i'ch plentyn i gymryd rhan yn y sesiynau, cysylltwch gyda'r ysgol cyn gyntaedd â phosib.

Ar gyfer mwy o wybodaeth am y gwasanaeth yma sganiwch y côd QR isod a chymerwch amser i wyllo'r fidio os gwelwch yn dda.

*Two well-being practitioners from SHINE initiative will be based in our school during the autumn term. They will be working with some children to support their emotional and well-being needs. We will be contacting parents whose children we feel would benefit from the service.*

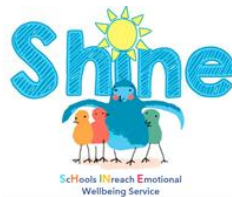
*The SHINE practitioners will also be offering drop in sessions for parents who need information and advice on how to support their child with any emotional or well-being concerns (dates to follow).*

*If you have any objections and would not like for your child to take part please get in contact with us as soon as possible.*

*For further information about what this service can offer please scan the QR Code below and take some time to watch the video.*

*Diolch yn fawr iawn,*

Mrs Withey



We invite you to view the attached video which showcases the new and exciting Schools In Reach Emotional Wellbeing Service, known as SHINE. A practitioner will be based in your child's school once a fortnight to support the emotional wellbeing needs of the school.

Link: <https://www.youtube.com/watch?v=AChXAlvFteI>

QR code:

