

Darpariaeth bwydlen ddiwygiedig – Bwydlen Ysgolion Cynradd

Dydd Iau 9fed o Orffennaf	Dydd Gwener 10fed o Orffennaf	Dydd Llun 13eg o Orffennaf
<p>Pasta Tomato gyda caws (LI)</p> <p style="text-align: center;"><u>Neu</u></p> <p>Pasta Tiwna gyda mayo</p>	<p>Darnau Quorn (LI)</p> <p style="text-align: center;"><u>Neu</u></p> <p>Ffiled Pysgodyn mewn Briwsion Bara</p>	<p>Pitsa Caws a Tomato <i>Wedi'i weini gyda lletemau tatws garlleg/tatws bychain gyda perlaysiau</i></p> <p style="text-align: center;"><u>Neu</u></p> <p>Tatws Pob gyda Chaws (LI) neu Tiwna a Mayonnaise (Tiwna Mayo)</p>
<p>Ciwcybr wedi'i Ddeisio a Yd Melys (mewn tun)</p>	<p>Sglodion a Ffa Pob Yd Melys (mewn tun)</p>	<p>Wedi'i weini gyda ffyn moron a chiwcybr.</p>
<p>Bisged Sinsir a Ffrwythau neu logwrt a Ffrwythau</p>	<p>Pwdin hufen iâ a Ffrwythau – gyda Bys Waffl a Ffrwythau</p>	<p>logwrt wedi'i Rewi / logwrt a Ffrwythau Ffres</p>

Hefyd ar gael yn ddyddiol: -

- Salad cymysg
- Bara 50/50
- Llaeth a dŵr

Amended menu provision - Primary School Menu

Thursday 9th July	Friday 10th July	Monday 13th July
<p>Tomato Pasta topped with Cheese (V)</p> <p style="text-align: center;"><u>Or</u></p> <p>Tuna Mayo Pasta</p>	<p>Quorn Dippers (V)</p> <p style="text-align: center;"><u>Or</u></p> <p>Breaded Fish fillet</p>	<p>Cheese and Tomato Pizza <i>Served with garlic wedges/ herby diced potatoes</i></p> <p style="text-align: center;"><u>Or</u></p> <p>Jacket Potato with Cheese (V) or Tuna Mayo</p>
<p>Diced cucumber and Sweetcorn (tinned)</p>	<p>Chips and Beans Sweetcorn (tinned)</p>	<p>Served with carrot & cucumber sticks</p>
<p>Gingerbread and fruit or Yoghurt and Fruit</p>	<p>Fruit Sundae – Ice cream with waffle finger and Fruit</p>	<p>Frozen Yoghurt/ Yoghurt & Fresh Fruit</p>

Also to be offered daily: -

- **Mixed salad**
- **50/50 Bread**
- **Milk and Water**